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### 5.3.3 The Institution conducts/ organizes Sports Competitions/Events

### • Report with photographs on Sports Competitive/Events

Year	Name of Event	Page Number
2020-21	Inter-Department Recreational Games for Women	1
	International Yoga Day 2021	<u>2-3</u>



### DAV UNIVERSITY

Empowering Students with 21st century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of Tournament: Inter department Precreational games for women 2020-21

Game: Recreational games

Dated: 8th March, 2021

No. of Participants: 30+70

DAV University's Women Empower Cell organized inter-departmental events for girl students and female staff to commemorate International Women's Day. The event was organized in association with the Department of corts and Physical Education. The celebrations revolved around the there "Fit Women Fit India". Rajwinder aur – a noted judo player who represented India in national and international judo events was the chief guest. Dr. Jasbir Rishi, Vice-Chancellor (Officiating), said that Women's Day celebrates the vomen's struggle, strength and efforts in maintaining the balance on personal and professional fronts. Dr K N Kaul, registrar (officiating) said that women proved their mettle during COVID pandemic as frontline fighters and caregivers. Dr R K Seth, Dean Academics (officiating) said that women have carved niche in every field and proved themselves as perfectionists Students participating in the event fought for supremacy in various sport events including mini football tug of war, kho-kho, 100m raze, 4x100m relay race and special jug of war. Women working in teaching and non-teaching departments also participated in different events.



Registrar
DAV University, Jalandhar



## DAY UNIVERSITY

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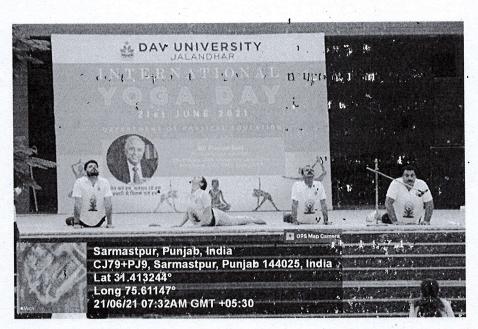
Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of Tournargent: International Yoga Day 2021

Game: International Yoga day

Dated: 21 June 2021

DAV University Jalandhar organized the International Yoga day on its campus at Jalandhar. The event started with the DAV anthem. The department of Physical Education and Sparts under the guidance of Dr. Yeshbeer Singh, Deputy Director Sports and this events accessful by conditions and Sparts under the guidance of Dr. Yeshbeer Singh, Deputy Director Sports and this events accessful by conditions and Sparts under the guidance of Dr. Yeshbeer In DAV Yog Sandesh, Padma Shree awardee and DAV University Chancellor, Sh. Rumam Suri ji urged the need to address mental and physical health issues in the present circumstances matric by covid repercussions. Dr. Jasbir Rishi, Vice-Chancellor (officiating), Dr. K N Kaul, Registrar (officiating) and Dean Academic (officiating) Dr. R K Seth and other faculty members in cluding non-teaching staff participated exthusiastically in the event. The members of the physical education department Dr. Yeshbeer Singh, Dr. C P Singh, Robit Chankan and Dr. Manju Devrari demonstrated the benefits of various yogic postures and the individual.



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